MOTOCROSSOF AFRICAN NATIONS

Don't Miss It! 25 - 27 OCTOBER 2024

•

AFRICA

CONTENT PAGE WELCOME TO MARRAKESH ! DISCOVER THE MAGIC OF THE RED CITY

Experience the vibrant culture, rich history, and captivating sights of Marrakesh, Morocco. From bustling souks to peaceful gardens, Marrakesh offers something for everyone. Explore our curated selection of places to visit, activites, accommodations, restaurants, fast food options, and medical centers to ensure you have a memorable trip.

Activities:
1.1. In the City
1.2. Outside the city centre

2. Mx Marrakech zone

3. Where is Mx Marrakech?

4. Accomodations

5. Malls

6. Restaurants

7. Fast foods

8. Medical Centres

9. Hospitals

1. ATIVITIES IN MARRAKESH

1.1. In the city : Places to visit in Marrakesh



Experience the lively atmosphere of Marrakesh's main square, where street performers, storytellers, and food stalls come alive at night.

2. Jardin Majorelle:

A stunning botanical garden in Marrakesh, known for its vibrant blue buildings, exotic plants, and tranquil atmosphere.



3. Koutoubia Mosque:

The largest mosque in Marrakesh, famous for its striking minaret and beautiful architecture, located near the bustling Jemaa el-Fnaa square.



4. Medina of Marrakesh:

Immerse yourself in the heart of Marrakech's historic old town, where narrow alleys lead to bustling markets, historic mosques, and traditional riads.





5. Bahia Palace:

Step back in time and marvel at the intricate architecture, stunning courtyards, and ornate decorations of this 19th-century palace.



6. Saadian Tombs:

Historic tombs dating back to the Saadian dynasty, featuring stunning tilework, marble columns, and serene courtyards.



Ruins of a once-grand palace built in the 16th century, offering panoramic views of Marrakesh and showcasing remnants of its former glory.

8.Menara Gardens:

7. El Badi Palace:

A vast garden complex featuring a large reflecting pool, orchards, and olive groves, with the Atlas Mountains providing a scenic backdrop.

9.Marrakesh Museums:

A museum housed in the Dar Menebhi Palace, showcasing Moroccan art, artifacts, and historical exhibits, offering insight into Marrakesh's cultural heritage.

10. M Avenue:

In the heart of Marrakesh, M Avenue offers its visitors a unique multi-dimensional open-air experience. In order to easily find their bearings in the new lifestyle destination of the Ochre City and to let themselves be guided serenely throughout M Avenue, visitors can benefit from the orientation services of M Info, an information

desk that welcomes them warmly, answers their questions and provides them with relevant information. In addition, M Info also offers a concierge service, visitor services such as the rental of escooters to discover the tourist capital of the kingdom as well as the free loan of umbrellas, pushchairs and wheelchairs for people with reduced mobility... against the deposit of an identity document. You can also visit Meydene.

Welcome to Marrakesh City Tour, the most convenient way to get to know the Red City.Our bus tours will take you to the best places in the city: Jaama El Fna square where you will be amazed to see charming snakes, monkey tamers, markets, mosques and monumental gardens. The duration of the ride is about 1 hour to 1 hour and 15 minutes.













1.1. Activities - Outside the city centre

1. Quad bike or buggy excursion at the Agafay Desert, near Marrakesh:

We specialise in Buggy, Quad and SSV tours in Marrakech, Morocco. We offer our customers Buggy, Quad and SSV tours to explore and discover the magnificent landscapes of the Marrakesh region.

Buggy Sensation : 0674-358837 / mail : info@buggy sensation.com

2. Hot-air balloon flight in Marrakesh:

At Maroc Montgolfière, we make it a point of honour to offer our customers an unforgettable, top-quality experience. To achieve this, we offer a first flight with a guaranteed sunrise! We offer you the sky aboard our comfortable gondolas, so you'll be flying in complete safety and comfort thanks to our 33 years of experience. We invite you to spend an exceptional moment in our company, with a breathtaking view of the desert, the palm groves, the villages and the majestic Atlas Mountains. After your flight, a hearty buffet breakfast will be served in one of our Berber tents, perfectly equipped to welcome you. What's more, as part of our commitment to the local economy, most of the products served for breakfast are prepared by local villagers.

Maroc Montgolfière /Balloon Flights

Résidence Mirador Majorelle B45 rue Yves Saint Laurent 40000 Guéliz – Marrakesh Contact us via WhatsApp : +212 661.66.77.33 (EN/FR)

3. Quad bike and Camel combo tour to Jbilets:

Enjoy camel riding and quad biking just a short drive away from Marrakesh. Camels, known as the "ships of the desert," offer a relaxing way to enjoy the peace of the Palmeraie and enjoy a traditional Moroccan tea & pastries. After pick-up from your hotel or riad, travel to the Palmeraie where you will prepare for your camel ride in the La Palmeraie oasis. Put on a typical traditional dress and scarf like the locals and go for a ride among the palm trees.

Drive into the Moroccan countryside on a Quad Bike. Follow your guide into the rugged terrain, and experience the beauty of the contrasting landscapes around the palm groves from a new perspective.

Along the way, discover traditional Berber villages, see typical houses of the region, and meet some locals to learn more about their way of life, which has remained the same for more than 200 years. Stop for a cup of Moroccan tea and enjoy the silence and serenity before hopping back on your quad bike and continuing your desert ride. Conclude your tour at the base camp and relax on the drive back to your Marrakesh hotel.

Tel : + 212 (0) 661 81 41 33 or +212 (0) 661 63 72 37

4. Paragliding over kik plateau near Marrakesh:

Experience paragliding over the Atlas mountains in tandem with an experienced instructor. Take off at an altitude of over 1000m, a mix of practice, pleasure and curiosity. You'll love it!

Centre d'affaire Malizia, Blv Allal Al Fassi 4ème étage, N°64, Marrakech 40000 Assistance +212 662 377 710+212 666 034 291 Jet ski at the Lake Lalla Takerkoust near Marrakesh : Jet Atals is a Restaurant / Pool concept in Marrakesh, located on the road to the airport. It boasts the city's largest swimming pool. The cuisine is varied and refined, fusing the flavours of different countries to create original, seasonal dishes.

Lac Lalla Takarkoust, Route d'Amezmiz - EL HAOUZ Tel: +212 (0) 6 76 17 99 78 Fax : + 212 (0) 524 30 30 22 Email: <u>info@jet-atlas.com</u> Web: www.jet-atlas.com

6. The Waky Marrakech:

It is a Cablepark set on an artificial lake in the South of Marrakesh , on « Les jardins de l'atlas » Resort site. The lake was specially designed for water Skiing and Wakeboarding by Francis Koot. Waky marrakech Les jardins de l'Atlas – Route de l'Ourika, Km 13 Marrakesh, Morocco

+212 (0) 525 07 51 20

<u>info@wakymarrakech.com</u>

7. Karting:

Head to Moulay Hassan Circuit for 15-45 minutes of high speed thrills at the Marrakesh Kart Experience track. This state of the art track has been designed and built according to official international standardsWith a width of 8 meters and a total length of 1.4km, it offers both fast and winding areas. The track is also equipped with a powerful timing system and allows you to drive at night. Enjoy a some fast-paced fun and thrills with your friends or family! Address : Route de l'Ourika. Marrakech 40000Tel : 0660-101516

8. Moutain bike trip in the Atlas moutains, near Marrakesh:

An extraordinary journey through the Jbilets desert! Get away from the hustle and bustle of Marrakesh! A breath of fresh air in just 1/2 a day. Well-maintained mountain bikes in your size! Set off with one of our friendly, attentive guides. Unique, modern facilities to welcome you (free wifi!) Dunes & Desert offers you an environmentally friendly adventure! Pedal for two hours on the open tracks of the vast Marrakech desert, also known as the Jbilets desert.

We'll take you from your hotel to our local base and provide you with a mountain bike in excellent condition and in your size. And off you go, across plains dotted with palm trees and villages off the beaten track! With very little traffic, this region is a real discovery of the real Morocco. Along the way, we'll take a break in a small village to relax with a cup of tea. A surprise snack is also included. Enjoy all the delights of Berber hospitality!

The quality of our equipment, the sturdiness of our bikes and the professionalism of our guides promise you a unique half-day. Adaptable to all tastes. Depending on the time available, our guides will be happy to show you the best spots.

Go on an adventure with our team! We're always ready!

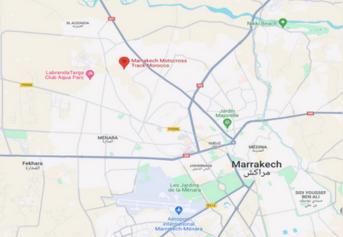
What you need to know:

This activity is available all year round. One departure per day. Exact meeting time confirmed by telephone the day before.

2. MX MARRAKECH

Mx Marrakech is opened since 2009. His owner is EL MEJJAD Said He opened the first riding school with motorcycle fleet. He offers a range of services motorcycling driving, wheeling for beginners and advanced riders. He welcomes world –renowned coaches to train riders throughout Morocco.

The track measures 1600 m.











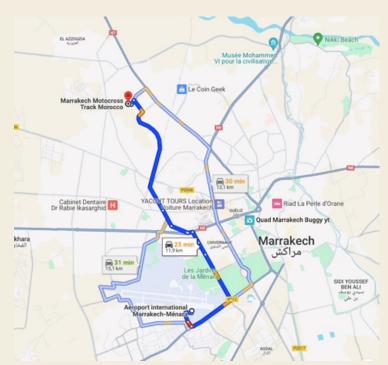






3. WHERE IS MX MARRAKECH?

From Airport to Mx Marrakech track:



4. ACCOMMODATIONS

1 Royal Mansour Marrakech:

Indulge in luxury and sophistication at this palatial hotel, boasting opulent suites, Michelin-starred dining, and a serene spa retreat.

2. La Mamounia La Mamounia:

Experience opulence at its finest in this iconic luxury hotel set amidst lush gardens, featuring lavish rooms, gourmet dining, and world-class amenities.

3. Four Seasons Resort:

Retreat to a haven of luxury and serenity in the heart of the city, with spacious villas, lush gardens, and world-class amenities.

4. Pestana CR7 Hotel:

It is a collaboration between Portuguese hotel group Pestana Hotels and Portuguese football star Cristiano Ronaldo. The hotels are known for their contemporary design, modern amenities, and a vibrant atmosphere catering to a younger, more dynamic clientele. The CR7 brand aims to combine luxury with a sporty, lifestyle-oriented vibe, often incorporating elements inspired by Ronaldo's personal style and interests.

5. Es Saadi marrakech Resort:

is a luxury resort located in Marrakesh, Morocco. It offers a range of accommodation options including rooms, suites, and villas, set amidst lush gardens and offering views of the Atlas Mountains. The resort features extensive spa facilities, multiple restaurants serving Moroccan and international cuisine, swimming pools, tennis courts, and a casino. Es Saadi Marrakech Resort is known for its elegant ambiance, high-end service, and a focus on relaxation and well-being.

6. Savoy:

Hotel Nestled in the center of Marrakesh near the legendary Jamaa El Fna square. Book now! Luxurious executive suites decorated with refinement and elegance. Book your stay today! Pool View. City View. Great Location. Garden View. 24 Hour Front Desk.

7. Movenpick:

It is an international hotel chain known for its upscale accommodations and Swiss hospitality. Mövenpick hotels often feature contemporary design, culinary excellence, and a commitment to sustainability. Guests can expect high-quality service, comfortable rooms, diverse dining options, and amenities such as spas, pools, and fitness centers.

8. Les 2 ciels:

This elegant boutique hotel is located opposite the lush El Harti Park, 50 km from the Atlas Mountains. It is also 1 km from Marrakesh train station and 2 km from the 12th-century Koutoubia Mosque. The chic and modern rooms feature Egyptian cotton bed linen and a tiled and stone bathroom with a rain shower. All have a seating area, minibar, free Wi-Fi access and flat-screen TV. Some offer a balcony and/or views of the park or mountains. The colourful suites also feature a living area. There is an outdoor swimming pool and a luxury spa with hammam and beauty salon. There is also a fish and seafood restaurant, a cocktail bar, a lounge and a rooftop tapas terrace with views over the city.

9. Zephir:

Designed in the form of a holiday village set in 6 hectares of spacious grounds planted with trees, the ZEPHYR Targa hotel is ideally located in a calm and serene area just a few minutes from the city centre and the sites that have made Marrakesh one of the most attractive cities in the world. ZEPHYR Targa has been designed to meet the diverse needs of our guests. This 4-star establishment comprises 141 rooms, 5 suites and an Appart'hôtel with 104 self-catering flats. It also includes several dining areas, playgrounds, a wellness area, a SPA, a fitness room, sports fields and a conference centre of over 240 m². ZEPHYR Targa offers 250 units, all equipped with air conditioning, minibar, high-speed Wi-Fi, safe and balcony or terrace with a breathtaking view of the hotel's pool or garden.

Address : Les Portes de Laazouzia, Marrakech – Morocco Tel : +212 5 24 39 68 68 Mail : reservation.targa

10. lbis:

Ibis Hotels are part of the Accor hotel group and are known for offering affordable accommodation with consistent quality and service standards. Ibis hotels typically cater to budget-conscious travelers, offering comfortable rooms, basic amenities, and a no-frills approach to hospitality.

it's likely to offer a convenient and economical option for visitors looking for clean, functional accommodation

11. Relax:

Hotel Relax Marrakech is located in Marrakesh. During your stay you will benefit from free Wi-Fi internet access. All rooms are air-conditioned. They feature a private bathroom with shower, hairdryer and free toiletries. Offering views of the garden and swimming pool, Hotel Relax Marrakech has a 24-hour reception and luggage storage. Free parking is available on site. You can enjoy breakfast every morning in the on-site restaurant. Hotel Relax Marrakech is 3.3 km from the Majorelle Garden and around 4 km from the Carré Eden and Marrakech Plaza shopping centres. Marrakech-Ménara airport is 8 km away.

12. Sofitel Marrakech Lounge & Spa:

Embark on an enchanting voyage to the Sofitel Marrakech Lounge & Spa, where modern design meets French sophistication. Indulge in plush accommodations, rejuvenate at the exquisite spa, and savor gourmet cuisine infused with Moroccan flavors. Immerse yourself in a rejuvenating retreat and discover a sanctuary of tranquility. Conveniently located near iconic attractions, this hotel offers an unforgettable experience in the heart of Marrakesh.



Nestled in the vibrant heart of Marrakesh, within the renowned Gueliz district and adjacent to the trendy Carré Eden shopping center, lies the Radisson Blu Hotel, Marrakech Carré Eden—a unique urban retreat surrounded by the city's main tourist attractions. Designed by architect Imad Rahmouni, this oasis of tranquility features a stylish lobby, a sprawling 3000m² patio, an aquarium pool encircled by fountains, and a spa & fitness center, offering a serene escape just steps away from the bustling old Medina, the famous Djemaa El-Fna square, and its lively souks. Crafted by esteemed architects Lotfi Sidi Rahal and Meriem Benkirane, its 198 contemporary rooms boast stunning views of Marrakech rooftops or a beautiful patio, along with all the expected amenities of a Radisson Blu, including high-speed internet and LED TVs with satellite channels. Upon arrival, guests are welcomed into an original "Concept store," followed by an innovative flower boutique, and finally, a charming open space combining a lounge bar and restaurant, offering a variety of organic meat and daily fresh fish grills, along with a selection of tapas and sushi. For seminars and conventions, the hotel provides a 1000m² space, including a 360m² plenary hall and 11 sub-committee rooms. The Radisson Blu Hotel Marrakech Carré Eden is your ideal destination for both business and leisure stays.

5. MALLS

1. Menara Mall:

Explore the Menara Mall, Marrakech's second-largest shopping center in Morocco. Opened in 2015, this vibrant destination offers a diverse array of shops and attractions, perfect for indulging in a day of retail therapy or simply soaking up the local atmosphere.

2. Carré Eden:

Discover Carré Eden, the chic mall of the ochre city - the mall that has it all! Located in the Guéliz district of Marrakesh, Carré Eden opened its doors on May 8, 2014, replacing the old Guéliz Market, also known as the Central Market, dating back to the protectorate era.

Situated between Mohammed V Avenue, Tariq Ibn Ziyad, Souriya, and Liberté streets, Carré Eden boasts a commercial area of 15,400 square meters spread across three floors, complemented by a spacious underground parking lot with 700 spaces and a 5-star Radisson Blu hotel. Some of the brands found at Carré Eden are exclusive to Marrakesh, including H&M, Starbucks, and Nespresso.

Experience the epitome of luxury shopping, dining, and entertainment at Carré Eden, where world-class brands converge in a vibrant and stylish setting, offering visitors an unforgettable shopping experience in the heart of Marrakesh.





Menara Mall

Carré Eden

6. RESTAURANTS

Enjoy authentic Moroccan dishes made with love and tradition at this family-owned restaurant, known for its warm hospitality and homestyle cooking.

2. Vita Nova:

1. Al Fassia:

Indulge in an authentic Italian dining experience at our Marrakech pizzeria. Led by Venetian-born owner Diego Teso, our restaurant promises to transport you to Italy with every bite. Enjoy a rich selection of traditional Italian dishes, prepared with passion and authenticity, featuring flavors from Venice and beyond. With a warm welcome and jovial atmosphere, our VITA NOVA Italian restaurant offers excellent value for money and a menu tailored to suit all tastes. Come savor the taste of Italy in Marrakesh!

3. Catanzaro:

There's one unchanging rule that has prevailed ever since the owners concocted their first menu in 1986: only offer dishes that you love to eat! The result is a generous and varied family cuisine with a predominantly Italian flavour, but with room for dishes from other horizons. There's something for everyone!

4. Les jardins du Gueliz:

It is ideally located on the Place du Jardin el Harti in Marrakesh's shopping district, opposite the Central Post Office and Marrakech Plaza. The atmosphere is warm and homely. The warm decoration in red and orange tones is neat and relaxing. The service room has a cosy fireplace in winter. A large terrace opens onto a leafy garden planted with trees. The cuisine is French-inspired. The menu is rich and varied. Prices range from Dhs 55 for a starter, Dhs 95 for a dish from the à la carte menu and Dhs 35 for a homemade dessert. A cold buffet lunch is available for Dhs 100, as well as an evening menu for Dhs 120, with recommendations from the chef.

🍜. Le comptoir: 🖉

At the Comptoir Darna, the beating heart of Marrakesh, history is woven into the walls of timeless elegance. Here, the aromas of the finest couscous, renowned beyond the sands of time, mingle with the sparkle of a Marrakesh restaurant where every dinner becomes a spectacle, a gustatory epic celebrating the sacred union of Mediterranean cuisine with the Moroccan soul. In this sanctuary of romance, where the best restaurant rhymes with passion and poetry, couples find a haven, a romantic restaurant bathed in soft light, the promise of an evening suspended in the stars. Souls in search of flavours and sounds ask themselves - where to eat in Marrakech? At Comptoir Darna, the answer is whispered by the desert wind.

=6. Chez Ali:

Step into a world of enchantment at Chez Ali Restaurant in Marrakesh since 1980. Experience a mesmerizing folkloric show amidst imperial palaces and traditional tents, featuring vibrant song, dance, and equestrian acrobatics. Delight in a sumptuous traditional dinner within the magical ambiance of our Caidale tents, accompanied by the sounds of live music and dance performances. Indulge in Moroccan culinary delights, including Harrira soup, succulent barbecue, couscous, and fresh fruit, all while witnessing the thrilling Fantasia show in La fantasia arena. Let our qualified staff guide you through this unforgettable journey of culture, cuisine, and entertainment, where the spirit of Morocco comes alive in every moment.

7. Le Lotus club:

Open since 2009, Lotus Club Marrakech is a must for the red city's nightlife. Located in the heart of the Hivernage district, it is housed in a 1930s villa. It is an enchanting place where unrivalled performances, mouth-watering flavours and culinary experiences come together. It has recently undergone a spectacular transformation to offer an even more exceptional experience to guests looking for an unforgettable evening in Marrakesh. During dinner, guests are dazzled by incredible talent, from circus performers and exotic dancers to talented musicians and singers. Each act is a true artistic feat that captivates the audience and creates a magical atmosphere.

7. FAST FOODS

Grab a quick bite at this familiar fast-food chain, offering classic burgers, fries, and milkshakes for a taste of home. 5 differents places in town.

2. KFC:

1. Mc Donalds:

The very famous Kentucky fried Chicken (KFC), known for its delicious chicken buckets, burgers and even shrimps. Contact us by Phone +212 661-505489

3. Burger King:

Treat yourself to flame-grilled burgers, crispy fries, and creamy milkshakes at Burger King, a favorite destination for fast food enthusiasts.

4. Pizza Hut:

Satisfy your cravings with delicious pizzas, pastas, and sides at this popular chain restaurant, perfect for a quick and casual meal with friends and family.

5. Quick:

It is an originally Belgian chain of hamburger fast food.

6. Bejgenni:

Chez Bejgueni is one of the Marrakesh's mustvisit establishments. Known for its famous grills and late opening hours.



8. MEDICAL CENTRES



Created in 2016, in the heart of the city of Marrakesh in the TARGA -MASMOUDI district, the Le Marrakech clinic is a medical-surgical establishment with more than 140 beds.300 health professionals, including more than 50 practitioners, will welcome you in the various departments for all medical and surgical specialities.The clinic has a state-of-the-art technical platform with 10 operating theatres, a cutting-edge radiology department and a high-performance intensive care unit. Clinique Le Marrakech is covered by all national and international insurance and mutual insurance companies.



2. International Clinic:

Clinique Internationale Marrakech is a private medical facility known for its advanced medical services and international standards of care. It offers a wide range of medical specialties including surgery, internal medicine, cardiology, orthopedics, and more. The clinic is equipped with modern medical technology and staffed by experienced healthcare professionals.



3. Aerport Clinic:

Established in 2012, LA CLINIQUE L'AEROPORT is a multidisciplinary clinic located in a residential area of Marrakesh, LA CLINIQUE L'AEROPORT is located in the M'hamid district close to Menara International Airport in Marrakesh,

Morocco. Its proximity to the airport ensures easy access for foreign patients. For our foreign patients: We offer a package including all clinic fees, doctors' fees and accommodation costs. Care begins as soon as you arrive at Marrakech airport. The Clinique l'Aéroport is a medical care establishment renowned for the impeccable quality of its care, its strong reputation, the expertise of its friendly paramedical staff and its highly qualified medical team.



9. HOSPITALS

CHU Mohammed VI Marrakech is a public university hospital in Marrakesh, affiliated with the Faculty of Medicine and Pharmacy of Marrakesh. It offers a wide range of medical services and specialties, serving both the local population and patients from across Morocco. As a teaching hospital, CHU Mohammed VI Marrakech also plays a role in medical education and research.



2. Ibn Tofail Hospital:

1.CHU Mohamed VI:

It is a public hospital located in Marrakesh, providing healthcare services to the local community. While it may not offer as many specialized services as private facilities, it still plays a crucial role in providing medical care to residents of

Marrakesh. Hôpital Ibn Tofail offers services in areas such as emergency medicine, general medicine, and basic surgical procedures.



